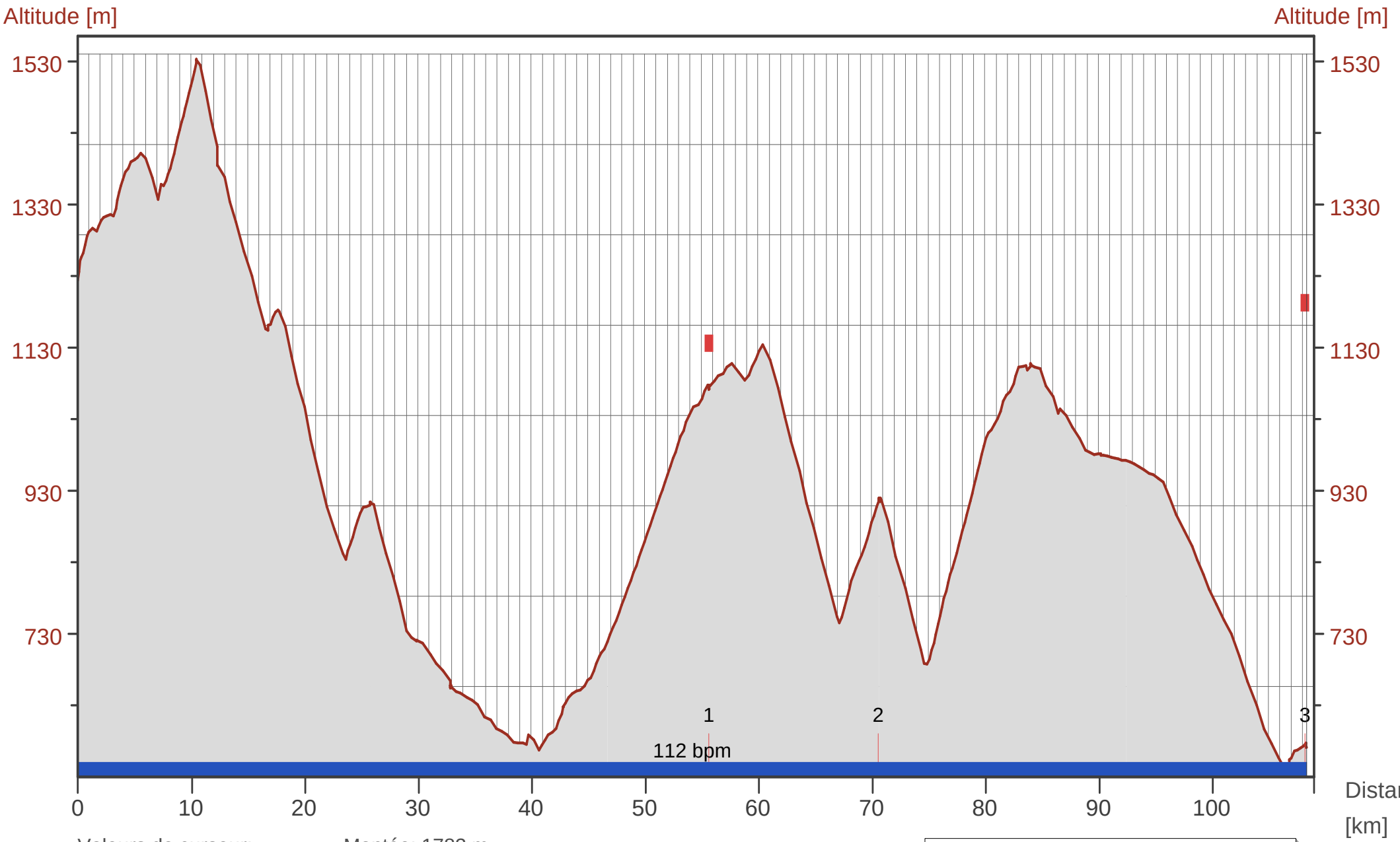
Courbe




Valeurs de curseur:
Temps : 7:02:00
Dépense Cal.: 824 kcal/60min
Distance: 108.4 km
Altitude: 577 m

Montée: 1783 m
Descente: 2417 m

| | | | | |
|---|---|---|---|---|
| ↗ | 3:48:00 | (54 %) | 44.670 km | (41 %) |
| → | 0:42:00 | (10 %) | 1.449 km | (1 %) |
| ↘ | 2:34:00 | (36 %) | 62.223 km | (58 %) |